



Introduction

HOW TO USE THIS COURSE

I remember when I was growing up as a child of the '70s, it seemed I couldn't visit a house or store without encountering the ever-popular beanbag chair. I can't say I was a fan of them. Getting in and out always proved to be something of an ergonomic nightmare. Ironically, as an adult, they have become in a way my mentor. I've done hundreds of workshops throughout the world on "space clearing" both for private homes, and for areas in the community, and what I return to is the model represented by those ubiquitous beanbag chairs. Over the years, I've discovered that the land is a record keeper. It faithfully records all the vibrations, frequencies, and imprints of whatever has occurred upon it, much like those beanbag chairs that recorded the imprints each previous user. Our homes are much the same. Although we may have purchased a new home, or even had it constructed ourselves, the land on which it rests is anything but new, and its history is recorded in every brook, rock and canyon. Those imprints affect us, whether we are conscious of them or not, in ways which are often times in contrast with our wishes, and with the surrounding physical beauty of the land.

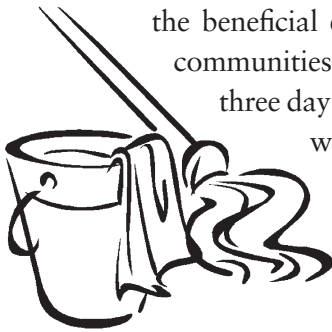
Fortunately this imprint works both ways, we do not have to be victims of our environments. Once conscious, we can co-create with Nature to leave another energetic imprint, one more in keeping with our highest intention and aspirations, thereby cleansing our homes, and sanctifying our space.

In the years that I've been teaching this work around the world, I've discovered that the principles of effective space clearing are simple, and also universal. Given the demand for this work, and the amazing benefits people experience when they begin to clear their spaces of the old imprints from the past, I decided to offer

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: these techniques taught in my workshops in this “do-it-yourself”
: Kit format.

: Obviously, it would not be possible to condense everything from a
: three-day workshop into a book/CD course. However in the time
: and space allotted to this Kit, I’ve highlighted the main principles
: I’ve found to be some of the most effective and important aspects
: of clearing the energies of our space. This book is designed to guide
: you safely and effectively, step-by-step through the process of doing
: a “space clearing” treatment on your house or property by working
: with the consciousness of Nature Itself.

: Despite the simplicity of these techniques, for years I have witnessed
the beneficial effects of space clearing for individuals, and whole
communities. And while this course is not intended to replace a
three day workshop, since most people are primarily concerned
with their immediate environment, whether it is their
house or office, this Kit is more than sufficient to
walk you through what is necessary to clear the en-
ergetic imbalances in your immediate environment
with proven success.



: This book has been specially designed to go along with the CD included.
: After reading each section of the manual you will be ready to listen
: to the meditation CD. At the end of the manual, you will be ready
: to do your first space clearing. The last two chapters of this book
: are dedicated solely to explaining the space clearing process that has
: been used successfully by thousands worldwide. The accompanying
: CD serves as a guided meditation of the clearing process. If you have
: purchased the additional two CDs, they have information, stories
: and exercises to deepen your knowledge and understanding; however,
: they are not essential to be able do your space clearing process. You
: will be ready to do that in just a few short hours, after reading the
: information in this book. Once you’ve read through this book, you
: can use just the CD for future space clearings you wish to do, and
: can simply consult the book for reference.

Benefits of Space Clearing

The benefits of clearing the old, stagnant vibrations and energies of one's home or office are so numerous as to warrant a separate book itself, and they have been written. In short, you can expect that every aspect of your physical, emotional, mental and spiritual life will be enhanced with a space clearing session. Scientific studies reveal that clearing sessions increase plant and crop growth as well. I have personally experienced numerous cases where people reported dramatic improvement in their relationships and communications after clearing sessions. After a space clearing, there is often an increase in the "flow" of energy in the environment including finances, and also a reduction in the feelings of struggle, trauma, and conflict, and a general sense of well-being, peace and ease.

PLANETARY BENEFITS

On a planetary level, doing this same clearing process in groups in over 25 cities around the world has produced the following results:

- ✧ lower atmospheric pollution levels,
- ✧ increased marine life in waterways,
- ✧ balanced weather patterns
- ✧ up to 50% reduction in crime
- ✧ reduced earthquake activity

The difficulties and challenges experienced as a result of imbalance, disharmony and distortion of our natural state are numerous and have occupied humanity's attention, almost to the exclusion of any conceivable notion of perfection and wellbeing. Bookstores, libraries, television and media of all kinds are filled to overflowing with detailed and intimate descriptions of these distortions. Rather than contribute to this list, I want to let you know that there is something you can do to relieve these stresses and become co-creatively responsible for the energies in your own space and environment.



Benefits Noticed from Space Clearing:

- ✓ *Increase in energy and vitality*
- ✓ *better quality of sleep*
- ✓ *less colds and illnesses*
- ✓ *strengthened immune system*
- ✓ *improved communications*
- ✓ *stronger, healthier plants*
- ✓ *fewer insects on the property*
- ✓ *more birds and butterflies*
- ✓ *healthier more peaceful animals*
- ✓ *better relationships*
- ✓ *improved creativity*
- ✓ *increased financial flow*
- ✓ *a feeling of ease, well-being and peace*



SPACE CLEARING:

According to

Karen Kingston in her book, *Creating Sacred Space with Feng Shui* space clearing is a “way to cleanse and clear the energy of buildings...” Kingston’s definition allows us to move away from the emphasis upon physical placement of objects traditionally associated with Feng Shui, to working with the energies of a property, or “energetic Feng Shui.”



The reports of thousands of people using this same space clearing process in their own homes and offices have been dramatic. Space permitting, I’ve included these stories where applicable. In addition, I have found in my personal experience of this process, that by balancing these earth energies and their effects, it opens an energetic space for the spiritual dimensions to manifest more profoundly in one’s life once the energetic “baggage” in our environment is swept clear. In traditions around the world have ceremonies to first clear out the temple space to prepare for the Presence of the Divine to enter. The processes outlined in this Kit will energetically prepare your space to make your home your temple; and for you to manifest your individual thread of Heaven here on Earth.

We live in a very troubled world, and even the most superficial glance at the newspapers or television news reminds us of this fact. While it may feel overwhelming to many of us to live in such planetary conditions, we each have something we can do in our own home, in our own space, to make this world a better place. I’m reminded of the saying, “it is better to light one candle than to curse the darkness.” It is my prayer that you may find in this course, the means of lighting your individual “candle.”

The Origins of Space Clearing

In ancient times, humans were intimately attuned to the environment for their most immediate and basic survival, and a type of innate wisdom prevailed: a wisdom that honored the sacredness of the Earth, and recognized the importance of humans maintaining the harmonious relationship through various rituals and ceremonies. These rituals were intended to balance the energies of one’s environment: redeeming original intentions, making right what had been distorted, honoring the dead when passing, blessing the land prior to building, and performing ceremonies for all aspects of daily life. These ceremonies and rituals served to keep humanity in a state of harmony, balance and right relationship with the Earth and with the Heavens.

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Including references from ancient China, the concept of space clearing is found in the archives and traditions of all of the world's indigenous peoples from Celtic tribes in England and Europe, and Native American rituals, to ancient Vedic rituals in India, and Aboriginal ceremonies in Australia. It seems that humans have long sensed the need to keep in harmony and balance with the energies of their environment, as ancient peoples understood the interrelationship between humanity and its environment--that we affect one another proportionately.

Ceremonies represent humanity's age-old attempt to be in relationship with the unseen realms of Life on other dimensional levels, performed in large part to maintain harmonious and balanced relationship between humans and their environment. While the forms of these ceremonies are different, as they are adapted to each culture's time and place, the intentions and themes represented in them are universal. These themes are amazingly similar throughout the world. The ceremonies taught in this course are a distillation of major themes that run throughout these various global rituals, adapted to our modern day reality and lifestyles.

What is "Space Clearing" Energetic Feng Shui?

What exactly is meant by the term "space clearing?" While for some the term "space clearing" may refer to clearing out your clutter, for others it conjures up images of ghost busting, while in other parts of the world images of a Catholic priest performing an exorcism come to mind. In the east, the term may evoke a picture of a Buddhist monk chanting while ringing bells, while others may envisage a Mayan elder dancing and singing while performing a land blessing ceremony. Regardless of the image that comes to your mind, underlying the diversity of all the various forms, ceremonies and techniques, is the basic universal desire to align and attune the energies of a space to their highest possible potential of expression. Regardless of the form it may take, this is what I will be referring to when speaking of "space clearing."

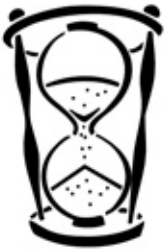


While today the concept of space clearing is usually thought of as a kind of "Spring cleaning" done yearly to spruce up our energetic environments, the roots of space clearing are ancient and universal.



“I would feel more optimistic about a bright future for man if he spent less time proving that he can outwit Nature and more time tasting her sweetness and respecting her seniority.”

– Essays of
E.B. White



With this focus on the energetic life of your property, this course emphasizes the neutralizing and balancing of any energetic distortions caused by such influences as noxious earth energies, energetic imprints from ancestors or other entities, traumas from the past, and any interference with the natural perfect order, harmony and balance of your property. While the land is a record keeper of all the energetic imprints of the past, it is my viewpoint that perfection is the natural state of being, and that what we call “disease” or “disharmony” is a divergence either — consciously or unconsciously — from that perfected state. Space clearing is really a return to this perfected state of creation.

We are living in an historic time in which we are witnesses to a shift in planetary consciousness. The old paradigms, which have prevailed for centuries of domination, power, and control, are giving way to new paradigms of cooperation, co-creation, and living in harmony with nature, instead of dominion over Her. As such all fields of study and walks of life are reflecting these changes, with Feng Shui being no different. Breaking from the old rigid Patriarchical systems of control, and moving towards a more intuitive, Nature-based approach in which each and every person can “divine” from Nature directly how best to be in harmony with the Earth. I invite you to join me in this new paradigm as you discover how to apply it to your own homes and properties!