

(Editor's note: Do a Google search on **LarreaRX**, as it is a very pure, safe source of Chaparral)

Chaparral: Nature's Detergent for the Body

 Chaparral: An excellent blood purifier. One of nature's best antibiotics, it is very useful in cases of acne, arthritis, chronic backache, tumor, warts and skin blotches. It is also used for liver problems, lymphatic troubles and digestive disorders.

- It may help to cleanse the lymphatic system and the liver.
 - Has been used to help flush drugs out of the system.
 - Tones the body, and helps rebuild new tissue and relieve pain.
 - Helps to heal the urethral tract, and cleanse the lower bowel and tone peristaltic muscles.
 - Great blood purifier; has been specifically used for cancer & arthritis;
 - Contains an element which has definite anti-cancer potentials in decreasing tumors and leukemia.
 - Used by the North American Native peoples for all ailments.
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Most of us bathe regularly to cleanse the outside of our bodies, but how often do we think about cleansing the inside?

By Ingri Harkins

The Cure-All: Chaparral (Larrea Tridentata)

Chaparral is one of the best non-toxic blood purifiers on earth. The history of chaparral dates back to ancient Indian times when medicine men administered chaparral tea brewed from the leaves of the desert creosote bush.

The Shoshone Indians used chaparral tea as a cold remedy, a diuretic and a venereal aid. The Papago Indians used chaparral both internally and externally. It was considered a universal remedy for stiff joints, festering sores, poisonous bites and menstrual cramps. The dried and powdered leaves were used on a newborn infant's navel to promote healing and a tea of the leaves was applied externally to the mother's breasts to stimulate the flow of milk.

The Pima Indians relied on chaparral when they needed an emetic to cleanse the stomach. The resourceful Pima sometimes heated creosote bush branch tips to obtain healing sap which they dropped into the cavity of an aching tooth.

The Coahuilla Indians called chaparral a-tu-kul and drank chaparral tea for bowel complaints and consumption. They also gave it to horses suffering from distemper and colds.

It is interesting to note that the scope of native pathology consisted of bowel and stomach complaints, coughs, colds, milk fevers, sore eyes (from fire smoke), sprains, muscle soreness, injury and occasional rheumatism. After white contact, (which included white man's trading items of sugar and alcohol), measles, whooping cough, smallpox, venereal disease and tuberculosis were introduced.

Chaparral was an official medicament in the United States Pharmacopoeia from 1842 through 1942 and was listed as an expectorant and pulmonary antiseptic.

Before my mother knew about other herbs for healing, our family used chaparral as a cure-all for whatever ailed us. The alkalinizing, cleansing action of chaparral could always be counted on to do the job of affecting a cure since most of our illnesses were caused from excess toxicity accumulating in our bodies. The most dramatic cure was when my mother developed a polyp in her uterus which was the size of a small lemon and the doctors who diagnosed her condition recommended a hysterectomy. She politely declined and began drinking chaparral tea and taking chaparral capsules in earnest. A couple months later when she returned to the same doctors for a pap smear and diagnosis, they were sure they must have made some mistake, since there was not a trace of the original tumor and her pap smear came back totally normal. We have since shared the value of using chaparral with other women with tumors or cysts in their reproductive organs. All the women that have used chaparral on a daily basis for several weeks report back that their tumor/cyst has disappeared and are ever so grateful for learning about this wonderful plant.

Chaparral is best known today as an anti-cancer agent. There are countless testimonies of people who have used this herb successfully to rid their bodies of melanomas, tumors, and most forms of cancer. Jason Winters Tea, a popular cancer remedy, contains chaparral as its number one ingredient. Winters claims that he cured his cancer using his proprietary formula of three herbs.

I have often referred to chaparral as an internal detergent. I tell people: "So you bathe everyday, but never think about giving the inside of your body a bath? If you do not do regular detoxing and internal cleansing, you are welcoming health problems into your life."

So how does chaparral work to reduce and eliminate malignant tumors and other complaints? The following is paraphrased from Dr. Kelly's book, One Answer to Cancer:

As a blood purifier, chaparral cleanses deep into the tissues and assists the body in eliminating toxic debris. In our modern society our pancreas, liver, and other tissues and organs are so congested with poisons from pharmaceutical medications, sprays, metallic poisons and other pollutants that our organs cannot carry on normal activity. This serves as an antagonist to the enzyme, mineral and vitamin metabolism in our bodies. In cancer specifically, the pancreatic enzymes are locked with the antagonists and are rendered totally ineffective. By chelating these antagonists (with chaparral) from the pancreatic enzymes, we find that the person's own cancer defenses take over and destroy the malignant tumor. It has also been found that chaparral works well in chelating the toxins and drug residues out of those who have been drug addicts.

Fifteen years ago I was in Tempe, Arizona, working at Gentle Strength Food Co-op in the herb section. Many people came to our department for various ailments. Although we were not supposed to diagnose and prescribe, I couldn't help sharing with people the power of the creosote bush that was native to the area. One man in his late 20s wanted something that would help his complexion. I suggested that he take six chaparral capsules a day for a week and then take ten capsules a day after that, spread out in doses of three times a day. He came back after a couple weeks elated with the results. His complexion had improved dramatically. But the most significant change for him was his steady weight loss and increased energy level. He began sharing chaparral with all his family members and his mother, who had suffered from arthritis, was also deriving tremendous relief by taking chaparral capsules daily. He came in every couple weeks for more and more chaparral capsules to share with his friends and others who crossed his path.

Another woman came in who was suffering terribly from poison ivy. I suggested she make a poultice with chaparral leaves and leave it on overnight. She, too, came by to thank me since the itchy rash was completely gone when she removed the poultice in the morning.

Naturopath Eileen Marsh gave the following testimony:

"I started taking two tablets of chaparral with each meal and in six weeks I noticed a marvelous sense of well being. I also noticed a little 'crick' noise I had heard in my knee when I went upstairs had vanished. So then I decided to take four with each meal and see the effect, for I always believe in being my own guinea pig. After five days I noticed that a warty cyst on my skin had completely flattened. I had been trying for at least a year to get rid of it. Now I know that it helps arthritis and has an effect on 'lumps' and bumps.

"I then experimented with taking five with each meal. This made me feel wonderful. It made me have four to five bowel movements a day, so although it is not a laxative, it helps the bowel. I have a cancer patient who is taking 24 tablets a day, six with each meal and six just before retiring. It

has already reduced the swollen look of his face and enables him to pull his ear now without pain, all in one week, so it does have a beneficial effect.”

Before trying this yourself, you need to know that chaparral is the most powerful detoxifier I know of. Most people experience their skin breaking out in pimples or rashes when taking it the first few days. Start out slowly and increase your water intake. A dear friend of mine who had terrible body odor and admitted to having taken LSD regularly over the course of a year in his youth, took a concentrated blood purifier whose main ingredient was chaparral. He experienced hallucinating at the job site and luckily trusted my explanation of chaparral's properties and continued to take the product. The first week of consumption is often an unpleasant experience as one can go through a period of headaches and low energy as the toxins surface. However, the end results are definitely worth the temporary, initial discomfort.

I, personally, have known when chaparral needs to be incorporated into my daily regimen. After experiencing a lot of stress coupled with chemtrails, I knew I was due for several weeks of daily chaparral ingestion. Most of us do not do anything until crisis hits and it hit me in the form of hayfever. I immediately began to make up chaparral and cayenne capsules, and am gratefully experiencing the benefits.

Chaparral is very inexpensive and can be purchased in many forms at your local health food store.

Through my many years of using and recommending this herb, I have found no adverse side effects.

The FDA attempted to take it off the market in the early 1990s claiming that it caused damage to the liver. It has since been vindicated enough to be available today. The pharmaceutical industry has long been envious of products that grow wild in your own yard since they cannot patent them. As long as natural, inexpensive remedies in the form of herbs or weeds are growing around us, we need to learn how to utilize them.

We encourage you to make chaparral a key ingredient in your own personal pharmacy.

Science proves that Native American people have been right for over six hundred years.

Nine months after the last atomic blast, which turned the test area into a barren desert, scientists make a remarkable find: One small plant grows healthily where all else is dead. Intrigued by this, the scientists took the plant and the seeds to their laboratory for the utmost scrutiny.

What did they find?

The plant and seeds were loaded with a substance called NDGA. This ingredient not only protected the plant from Nuclear Radiation, but tests showed that it is a key to longer life for all living beings.

Chaparral contains NDGA.

In Sir Jason Winters Book, "Killing Cancer" first published in 1980, He found that the Native American people of the southwest used Chaparral every day for good health. Sir Jason used NDGA in his valiant fight and recovery from terminal cancer.

Years ago, famous author John Heinerman published the following passage in his now famous book "Treatment of Cancer with Herbs".

"Studies by Micro Biologist Emiliano Mora at Auburn University have demonstrated that an extract of Chaparral kills Malignant Cancer cells in test tubes. In experiments dating back to the 1960's NDGA has significant growth inhibiting activity against some animal tumors, though not against others."

Jason Winters International is proud to present this up-to-date information, which proves once again that ancient people, living close to God and to nature, had special knowledge that is only now being proven correct.

This barren desert is ground zero at the former Nevada atomic test site. Nine months after the last atomic blast, a small plant, native to the area, sprouted and flourished. Within this plant is a substance called NDGA, which protected its seeds from the nuclear radiation. Laboratory tests of NDGA showed it to be a key to a longer life for humans, plants and animals.

Dr. Lippman and his researchers visited this former atomic testing site to examine plants and animals that survived near ground zero even though they should have been killed by radiation poisoning. The seed from a native plant survived and sprouted. The plant was a common food source for many desert animals. NDGA, found in the plant, protected the seed and the animals that nibbled on the plant. Clinical studies show that NDGA extends the life spans of animals and indicates the same may be true for humans (as taken from a study by Dr. Lippman).

Chapparal

Part used: Leaves

In Mexico Chaparral has been used for centuries as an anti-cancer remedy. The plant is known to act against free radicals which cause cancer and other degenerative diseases associated with aging. This plant also cleanses the lymph system. It is anti-inflammatory and non-toxic. It is so powerful, however, that parasites will leave the system, while dangerous microbes will either leave or die. Many universities have tested Chaparral and found it an aid in dissolving tumors and in fighting cancer. One way Chaparral works is by constraining rapid cellular growth, The other way is by virtue of its primary constituent NDGA (nordihydroquaiaretic acid) a powerful antioxidant and anti-tumor agent.

Chaparral has the ability to cleanse deep into the muscles and tissue walls. It tones the system, rebuilds tissues and is a very effective healer for the urethral tract, blood, liver, and lymphatic systems. Fluid intake is important, as Chaparral is a strong cleansing herb. It has been said to eliminate the residue of LSD from the body helping to prevent flashbacks caused by the drug. Several North American Indian tribes used this herb for ailments relating to sepsis (infection that has gotten into the blood) and elimination.

Chaparral also relieves pain and has vasodepressant properties

Bodily Influence:

Alterative: This herb cleanses, stimulates, and aids in the efficient removal of waste products

Anodyne: This herb reduces pain

Anti-biotic: This herb destroys or inhibits the growth of micro-organisms

Anti-carcinogenic: This herb aids in dissolving tumors and in fighting cancer

Anti-inflammatory: This herb counteracts and diminishes inflammation or its effects

Anti-oxidant: This herb prevents free radical or oxidative damage to body tissue and cells.

Antiseptic: This herb combats and neutralizes pathogenic bacteria and prevents infection

Bitter: This herb stimulates secretion of digestion and encourages appetite

Blood purifier: This herb cleanses the blood as well as enhances it by increasing the nutrient value

Diuretic: This herb increases the secretion and flow of urine

Expectorant: This herb encourages the loosening of phlegm from the respiratory tract

Parasiticide: This herb kills parasites and worms

Tonic: This herb restores, nourishes, and supports the entire body; it exerts a gently strengthening effect on the body

CHAPARRAL

In the entire herb kingdom, Chaparral has had more interest and notoriety than any other herb. Is it safe? YES, is the answer! Herbalists with a lifetime of experience say, "We would not be without it!" It is so powerful that parasites will leave the system. It is anti-inflammatory and especially non-toxic. It will clean deep into the muscles and tissue walls. It can tone the system and rebuild tissues, and is a very effective healer for the urethral tract, blood, liver and lymphatic system -- and at the same time cleanse everything including the kidneys. It helps relieve pain and many report their tumors are reduced. Chaparral excels when used with Red Clover and Yew.

Chaparral

Chaparral is a hardy plant native to the American southwest. Local Native Americans have used the leaves in therapeutic teas and herbal formulas for centuries. While its history of use and variety of applications is impressive, so too is the scientific research and modern day use.

Chaparral is botanically known as *Larrea tridentata* and has the common names of Greasewood and Creosote. It is one of the world's oldest plants and flourishes in the harsh conditions of the arid Arizona Deserts. Like so many plants, Chaparral produces strong anti-stress saponins and other protective agents. One of these natural compounds is NDGA, responsible for many of the therapeutic benefits attributed to chaparral.

NDGA (Nor-dihydroguaiaretic acid) has been identified as an anti-oxidant and useful in negating the effects of free radicals in the tissues and cells.

Researchers at the universities of Nevada and Utah isolated NDGA from the leaves of a Chaparral plant after a cancer victim was miraculously cured. The 87 year old patient began consuming chaparral daily and in a few short months cured a facial cancer.

Dr. Ronald Pardini of the University of Nevada indicated that NDGA was a potent inhibitor of mitochondrial enzymes which in turn inhibits cancer growth. Because of its negating effect on free radicals, Chaparral has other

applications. Free radicals can break down the lubricating synovial fluid in your joints resulting in a loss of lubricity and subsequent inflammation. Deterioration of synovial fluid is a classic symptom associated with inflammatory arthritis. Chaparral has also been used to help combat the Herpes virus.

Chaparral may also be useful in combating certain bacteria and viruses and has shown much promise with herpes. Dr. Christopher felt that chaparral acted on the fermentation processes that nourish morbid conditions in the body. He also believed that it stimulates reproduction of healthy cells in such a way as to drive out unhealthy ones. Dr. William Kelley, a dentist who has contributed much to holistic cancer theories, felt that chaparral is a natural chelator that helps to remove toxins from the liver and pancreas.

There are lots of theories, some of them quite esoteric, but the fact is that Native American medicine men and women, as well as Hispanic *curanderos*, have been using chaparral for centuries for a wide range of conditions including asthma and cancer, (especially melanomas and leukemia). I have seen it very successfully used for breast and ovarian cancer as well.

Chaparral: A resinous coating covers the leaves and stems of the Chaparral plant, which makes it sticky business to collect. This wax-like coating consists of mainly flavinoids, approximately 50%, along with another substance, nordihydroguaiaretic acid (also known as N.D.G.A.), in approximately the same 50% ratio. Flavinoids have been found to be beneficial to the walls of capillaries throughout the body, and so are good to take regularly in cases of capillary fragility.

The main ingredient though, (as far as what is seen as the most active constituent in the plant), is N.D.G.A.. It is responsible for inhibiting several enzyme reactions, including lipo oxygenase, which is responsible for some unhealthy inflammatory and immune-system responses. It has been shown to reduce inflammatory histamine responses in the lung, which is good news for asthma sufferers. N.D.G.A. is one of the most highly anti-oxident substances known to man. Several types of tumors, such as those in uterine fibroids and fibrosystic breast disease, can be helped immensely by a concentrated extract of the plant, called Pure Larrea Syrup. The details of preparing this particular preparation was imparted to me by a wonderful L'akota medicine woman.

Recent new studies have shown that Chaparral can improve liver function, causing the liver metabolism to speed up, clearing toxins, and improving the livers' ability to synthesize fatty acids into high density lipids (HDLs...the good quality cholesterol). The low density lipids levels (LDLs...the poor

quality cholesterol) decrease. For people who have a history of heavy drinking, hepatitis, or exposure to toxic chemicals (all of which damage liver tissue), a combination of Chaparral with milk thistle seed standardized extract and Tribulus terrestris (common puncture vine) can help recover the normal function of the liver. The strong anti-oxident effects of chaparral appear to repair free radical damage caused by drugs such as cocaine and amphetamines.

Indigenous peoples of the Southwestern area of North America used Chaparral for treating such ailments as: tuberculosis, bowel complaints, cancers, and colds and flu. In the Southwestern eclectic tradition, (a marriage of various Native American traditions with Spanish herbal traditions), Chaparral is used to heal stomach ulcers and bowel disorders, as well as for the anti-fungal topical uses listed below.

External uses of the herb include poultices placed on aching joints, and the tea or a fomentation (applied several times per day, and left on the area) for such things as ringworm, skin fungi, and athletes' foot. For this type of problem, Chaparral can be combined with Thuja or Tea tree essential oils.
